



Areas of Support

Residential Program

Positive Behavior Support

Personal Hygiene Skills

Personal Financial Management

Domestic Skills

Use of Community Resources

Social Skills Development

Develop PCP (Personal Center Plan, to include the

individual's needs, wants and desires)

Health Maintenance and Monitoring

Medical Appointments

Medication Management

Daily Living Activities

Meal Planning and Preparation

and Dietary Support



The Day Program

The Brambles Day Support Program began in 2004. The program was located in a small rented space on Church Street in Mathews Court House. It began with five participants. Later that year as the client base increased a building was acquired on Buckley Hall Road where it operated until 2008. In 2008 the Day Support was able to move to it's present location on Main Street in Mathews.

The Brambles Day Support is designed to integrate the individuals it serves into their community by a number of practical and motivational methods. Special attention is given to the health and safety of all our participants.

Trained staff support the individuals with healthy nutritional choices, health and safety skills, medication management, money management, shopping to include money exchange, exercise, social skills, communication, self advocacy, self expression through art and music, leisure choices and activities, volunteerism, etc. Staff incorporates not only the Person Centered Plan of each individual but encourages the individuals to choose activities when planning the schedule for the month's calendar.

The goal of The Brambles Day Support Program is to provide an enriching, safe, engaging, and supportive environment for the individuals we serve.



For your tour of *The Brambles* you may contact us at:

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Residential And Day Support Programs



The Brambles, Inc. Residential and Day Support Programs

Our Mission Statement

Our mission is to provide professional quality care in a stimulating environment. Individuals receiving services will be empowered to reach their full potential and goals through specially developed individualized programs.

Collaboration and individualized programs between highly qualified, professional and caring staff help to ensure dignity, respect and a high quality of life.



The Brambles provides private Residential and Day Support programs for adults (eighteen years and older) with intellectual disabilities. We have been serving the community since September 2003. We are fully licensed through the state of Virginia DBHDS and we are affiliated with the LHRC.

The goal of The Brambles is to provide a Residential and Day Support environment that will meet or exceed the identified physical, emotional, and personal goals of the individual in a safe home like setting. The identified goals and outcomes will be determined through an assessment process that will be documented in the PCP (Person Center Plan). The guiding principle throughout the process is that the individual is the most important member of the team and he or she will direct their services



One of the Brambles Congregate Residential Program is situated on fifty-five acres, as well as 4 other sites within historic Mathews County, Virginia. We offer private bedrooms for individuals and ample bathrooms.

Our newest residential homes are equipped to address the needs of the MFP Program, though not exclusively, with the following special features:

- Hoyer tracking built into some of the rooms for easy mobility.
- Open floor plans
- Specially constructed toilet and shower combinations.
- All other adaptations as the needs arise.



Our Day Support Program is located at 367 Main Street, Mathews Court House, Virginia.

We have been in our current location since 2008. The Brambles Day Support Program offers individuals the opportunity to participate in a community based program, where they are offered self-fulfillment opportunities. Our mission is to integrate individuals into their community in a natural and successful manner.