



# MAY



**MON**

**TUE**

**WED**

**THUR**

**FRI**

## BIRTHDAY'S

EA – 8<sup>TH</sup>

WRJ – 19<sup>TH</sup>


AS – 1<sup>ST</sup>

EC – 10<sup>TH</sup>

PHYLLIS 13<sup>TH</sup>

**ARE YOU INTERESTED IN VOLUNTEERING? WE WOULD LOVE TO HAVE YOUR TALENTS . PLEASE VOLUNTEER! CALL DAY SUPPORT 804- 725- 4990**

**WE LOVE OUR VOLUNTEERS AND DONATIONS ARE ALWAYS ACCEPTED.**


1)   
MORNING ROUTINE EXERCISE / PT  
DOLLAR TREE SHOPPING  
THRIFT STORE SHOPPING  
PIANO LESSONS  
READING @ HEAD START  
LUNCH  
DAY SUPPORT MOVIE  
DAY SUPPORT BASKETBALL

2)  
MORNING ROUTINE EXERCISE / PT  
RIVERSIDE BINGO  
DAY SUPPORT BINGO  
LUNCH  
BIO – PICNIC @ JASON'S HOUSE  
BAYSIDE SCHOOL  
MGO – PATRICK HENRY MALL / TARGET  
SGSB – LABEL READING


3)  
MORNING ROUTINE EXERCISE / PT  
LUNCH  
ART'S & CRAFT'S ACTIVITY  
MGO – WALMART  
MGO – 5 BELOW SHOPPING  
MGO – CLEAN THE VAN  
MGO – BEAVERDAM PARK  
WALK IN TOWN


6)  
MORNING ROUTINE EXERCISE / PT  
VOLUNTEERING @ GLOUCESTER HOUSE  
LUNCH  
MGO – COFFEE (CHICKFILA)  
MGO – PORT FUN (WALK TRACK)  
MGO – SPCA

7)  
MORNING ROUTINE EXERCISE / PT  
MOW- (NEWPOINT)  
LUNCH  
SGSB – MONEY MANAGEMENT  
BIO - YORKTOWN BATTLEFIELD  
TO FLY A KITE  
ART'S & CRAFT'S ACTIVITY  
MGO – BLUE BIRD GAP FARM

8)   
MORNING ROUTINE EXERCISE / PT  
DOLLAR TREE SHOPPING  
THRIFT STORE SHOPPING  
READING @ HEAD START  
LUNCH  
WALK IN TOWN

9)  
MORNING ROUTINE EXERCISE / PT  
RIVERSIDE BINGO  
DAY SUPPORT BINGO  
LUNCH  
MOTHER'S DAY ART ACTIVITY  
SGSB – PROPER MANNERS

10)   
MORNING ROUTINE EXERCISE / PT  
LUNCH  
HAWAII LUAU DAY (LUNCH)  
MGO – WALMART  
BIO – VILLAGE LANES BOWLING  
Wii BOWLING

13)   
MORNING ROUTINE EXERCISE / PT  
VOLUNTEERING @ GLOUCESTER HOUSE  
LUNCH  
TULIP ACTIVITY  
MGO – YORKTOWN BEACH

14)  
MORNING ROUTINE EXERCISE / PT  
LUNCH  
MGO – PATRICK HENRY MALL / TARGET  
SGSB – SETTING THE TABLE  
MGO – WMBG POTTERY

15)  
MORNING ROUTINE EXERCISE / PT  
DOLLAR TREE SHOPPING  
THRIFT STORE SHOPPING  
READING @ HEAD START  
LUNCH  
MGO – NEWPORT NEWS PARK  
MGO – PORT FUN (WALK TRACK)

16)  
MORNING ROUTINE EXERCISE / PT  
RIVERSIDE BINGO  
DAY SUPPORT BINGO  
LUNCH  
BIO – FISHING & LUNCH @ CRYSTAL'S HOUSE  
SGSB – READING  
WALK IN TOWN

17)  
MORNING ROUTINE EXERCISE / PT  
LUNCH  
ARMED FORCES DAY ACTIVITY  
MGO – WALMART  
BIO – HILLSIDE CINEMA MOVIE  
DAY SUPPORT MOVIE  
MGO – CLEAN THE VAN



# MAY



<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THUR</u>	<u>FRI</u>
<p>20) MORNING ROUTINE EXERCISE / PT VOLUNTEERING @ GLOUCESTER HOUSE LUNCH WALK IN TOWN MGO – PET STORE MGO – BIG LOTS / OLLIES</p>	<p>21) MORNING ROUTINE EXERCISE / PT LUNCH 5 BELOW SHOPPING SGSB – MAKING A PURCHASE MGO – BEAVERDAM PARK MGO – PORT FUN (WALK TRACK) DAY SUPPORT BASKETBALL</p>	<p>22) MORNING ROUTINE EXERCISE / PT DOLLAR TREE SHOPPING THRIFT STORE SHOPPING READING @ HEAD START LUNCH ART'S &amp; CRAFT'S ACTIVITY ICE CREAM @ RICHARDSON'S</p>	<p>23) MORNING ROUTINE EXERCISE / PT RIVERSIDE BINGO DAY SUPPORT BINGO LUNCH SGSB – SOCIAL SKILLS MGO – PORT FUN (WALK TRACK) MGO – COFFEE (McDONALDS)</p>	<p>24) MORNING ROUTINE EXERCISE / PT MGO – WALMART MGO – SAM'S CLUB DAY SUPPORT MOVIE</p> <p style="text-align: center;"><b><u>FAST FOOD FRIDAY!</u></b></p>
<p>27) MORNING ROUTINE EXERCISE / PT VOLUNTEERING @ GLOUCESTER HOUSE LUNCH MGO – NEWPORT NEWS PARK MGO – PORT FUN (WALK TRACK)</p>	<p>28) MORNING ROUTINE EXERCISE / PT MOW – (COBBS CREEK) LUNCH SGSB – PRIVACY WALK IN TOWN MGO – WMBG ( NEWTOWN SHOPPING CENTER) BIO- BETH PAGE CAMP GROUND</p>	<p>29) MORNING ROUTINE EXERCISE / PT MOW – (HAVEN) DOLLAR TREE SHOPPING THRIFT STORE SHOPPING READING @ HEAD START LUNCH BIO – CFC HEALING SCHOOL &amp; LUNCH</p>	<p>30) MORNING ROUTINE EXERCISE / PT RIVERSIDE BINGO DAY SUPPORT BINGO LUNCH MGO – PARTICK HENRY MALL / TARGET SGSB – DECORUM</p>	<p>31) MORNING ROUTINE EXERCISE / PT LUNCH MGO – WALMART MGO – CLEAN THE VAN WALK IN TOWN DAY SUPPORT MOVIE / GAMES BIO- BETH PAGE CAMP GROUND</p>