




MARCH 2013

MON	TUE	WED	THU	FRI
<p>MOW- MEALS ON WHEELS</p> <p>DS- DAY SUPPORT</p> <p>P/T – PHYSICAL THERAPY</p>	<p>**ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER, SICKNESS, ETC.</p>		<p><u>MARCH BIRTHDAY'S</u></p> <p>AR- 6th ND- 4th KG- 4th Erica- 8th</p> 	<p>1)</p> <p>DR. SEUSS BIRTHDAY MORNING ROUTINE MGO-SONIC MGO- WALMART SGSB – MAKING A PURCHASE BIO-VA LIVING MUSEUM LUNCH Wii TOURNAMENT DS GAMES</p>
<p>4)Happy Birthday ND&KG</p> <p>MORNING ROUTINE EXERCISE / PT VOLUNTEERING @ GLOUCESTER HOUSE MGO- SPCA PHM- BIO SGSB – EXERCISE & NUTRITION LUNCH LIBRARY</p>	<p>5)</p> <p>MORNING ROUTINE EXERCISE / PT MGO- MCDONALDS FOR COFFEE MOW- (NEW POINT) SGSB – COMMUNITY SAFETY MANICURES – DOMINION HAIR WALK IN TOWN LUNCH</p>	<p>6)Happy Birthday AR</p> <p>MORNING ROUTINE EXERCISE / PT DENTIST'S DAY READING @ HEAD START MGO- PET STORE SGSB- COMMUNICATION PIANO LESSONS DOLLAR TREE SHOPPING THRIFT STORE SHOPPING LUNCH</p>	<p>7)</p> <p>MORNING ROUTINE EXERCISE / PT PENINSULA SPCA/PETTING ZOO SGSB- SETTING THE TABLE RIVERSIDE BINGO DAY SUPPORT BINGO LUNCH BAY SCHOOL ARTS & CRAFTS</p>	<p>8)Happy Birthday Erica</p> <p>MORNING ROUTINE EXERCISE / PT MGO- WAL-MART VILLAGE LANES BOWLING DAY SUPPORT Wii BOWLING SGSB- SOCIAL SKILLS DEVELOPMENT LUNCH LIBRARY WALK IN TOWN</p>
<p>11)</p> <p>MORNING ROUTINE EXERCISE / PT JOHNNY APPLESEED DISCUSSION MGO- HARDEES FOR COFFEE VOLUNTEERING @ GLOUCESTER HOUSE MGO- TARGET LUNCH SGSB – DENTAL HYGIENE</p>	<p>12)</p> <p>MORNING ROUTINE ECERCISE / PT MGO- WILLIAMSBURG OUTLETS SGSB – DECORUM BIO – MEN'S GROUP OUTING LUNCH GROUP STORY TELLING</p>	<p>13)</p> <p>MORNING ROUTINE EXERCISE / PT READING @ HEAD START MGO- COFFEE AT CHICKFILA SGSB – RESPECT OF OTHER'S BELONGINGS DOLLAR TREE SHOPPING THRIFT STORE SHOPPING LUNCH</p>	<p>14)</p> <p>MORNING ROUTINE EXERCISE / PT ALBERT EINSTEIN ACTIVITY SWIMMING LESSONS @ YMCA MGO- YANKEE CANDLE FACTORY SGSB – READING RIVERSIDE BINGO DAY SUPPORT BINGO LUNCH</p>	<p>15)</p> <p>MORNING ROUTINE EXERCISE / PT GREEN ICE CREAM SOCIAL ST. PATRICK'S DAY ACTIVITY MGO – WALMART MGO – SAM'S CLUB SHOPPING SGSB – PREVENTION OF SELF INJURY LUNCH</p> 

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<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
<p>18) MORNING ROUTINE EXERCISE / PT FIRST WALK IN SPACE ACTIVITY VOLUNTEERING @ GLOUCESTER HOUSE MGO – BIG LOTS SGSB – SOCIAL SKILLS DEVELOPMENT LUNCH WALK IN TOWN</p>	<p>19) MORNING ROUTINE EXERCISE / PT MGO – BURGER KING COFFEE SGSB – VOLUNTEERING BIO – LADIES DAY OUT DAY SUPPORT MOVIE LUNCH MUSICAL INSTRUMENTS</p>	<p>20) MORNING ROUTINE EXERCISE / PT 1ST DAY OF SPRING ACTIVITY READING @ HEAD START MGO – WILLIAMSBURG SGSB – MAKING A PURCHASE DOLLAR TREE SHOPPING THRIFT STORE SHOPPING LUNCH LIBRARY</p>	<p>21) MORNING ROUTINE EXERCISE / PT MGO – COFFEE WORLD POETRY DAY ACTIVITY BIO – VA LIVING MUSEUM LUNCH MGO – THE FUN PARK DAY SUPPORT MOVIE / GAMES</p>	<p>22) MORNING ROUTINE EXERCISE / PT NATIONAL GOOF OFF DAY ACTIVITY MGO – WALMART MGO – SONIC Wii TOURNAMENT DAY SUPPORT GAMES LUNCH DAY SUPPORT MOVIE</p>
<p>25) MORNING ROUTINE EXERCISE / PT NATIONAL WAFFLE DAY ACTIVITY MGO- SPCA VOLUNTEERING @ GLOUCESTER HOUSE LUNCH GROCERY STORE – HEALTHY DIET LABEL READING</p>	<p>26) MORNING ROUTINE EXERCISE / PT MOW- (COBBS CREEK) MGO - COFFEE SGSB – PRIVACY LUNCH GROUP STORY TELLING</p>	<p>27) MORNING ROUTINE EXERCISE / PT BIO – HEALING SCHOOL / LADIES LUNCH MGO - HARDEE'S FOR COFFEE DOLLAR TREE SHOPPING THRIFT STORE SHOPPING LUNCH ICE CREAM @ RICHARDSONS DAY SUPPORT MOVIE</p>	<p>28) MORNING ROUTINE EXERCISE / PT BIO – PATRICK HENRY MALL MGO – THE POTTERY SGSB – READING LUNCH ART'S & CRAFT'S ACTIVITY WALK IN TOWN</p>	<p>29) MORNING ROUTINE EXERCISE / PT MGO – THE FUN PARK MGO – NEWPORT NEWS PARK FAST FOOD FRIDAY! DAY SUPPORT MOVIE</p> <p style="text-align: center;">GOOD FRIDAY</p>
<p style="text-align: center;">Happy St. Patrick's Day!</p> 			<p>ARE YOU INTERESTED IN VOLUNTEERING? WE WOULD LOVE TO HAVE YOUR TALENTS. PLEASE VOLUNTEER CALL DAY SUPPORT 804-725-4990 <u>WE LOVE OUR VOLUNTEERS</u> <u>DONATIONS ARE ALWAYS</u> ACCEPTED</p>	