

New Life Harbor
Breakfast and Lunch Menu

◀ December	~ January 2013 ~						February ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Breakfast: oatmeal with fruit	2 Breakfast: French Toast Sausage	3 Breakfast: Bowl Of Cereal apples with peanut butter	4 Breakfast: Pancakes, bacon	5 Breakfast: Omelets with toast Lunch: Chicken Salad sandwich, fruit	
6 Breakfast: French Toast Bacon Lunch: Client Choice	7 Breakfast: 1 Waffle, egg and yogurt	8 Breakfast: oatmeal with fruit	9 Breakfast: French Toast Sausage	10 Breakfast: Bowl Of Cereal apples with peanut butter	11 Breakfast: Pancakes, bacon	12 Breakfast: 2 eggs, fried ham 1 piece of toast with jelly. Lunch: ham and cheese roll up, chips	
13 Breakfast: 2 Waffles, Bacon, Fruit Lunch: Client Choice	14 Breakfast: 1 Waffle, egg and yogurt	15 Breakfast: oatmeal with fruit	16 Breakfast: French Toast Sausage	17 Breakfast: Bowl Of Cereal apples with peanut butter	18 Breakfast: Pancakes, bacon	19 Breakfast: Breakfast casserole, sausage and fruit Lunch: Tuna Melts, salad	
20 Breakfast: Omelets, Toast and fruit Lunch: Client Choice	21 Breakfast: 1 Waffle, egg and yogurt	22 Breakfast: oatmeal with fruit	23 Breakfast: French Toast Sausage	24 Breakfast: Bowl Of Cereal apples with peanut butter	25 Breakfast: Pancakes, bacon	26 Breakfast: 2 eggs, hash browns and bacon Lunch: BLT, chips and fruit	
27 Pancakes, sausages Lunch: Client Choice	28 Breakfast: 1 Waffle, egg and yogurt	29 Breakfast: oatmeal with fruit	30 Breakfast: French Toast Sausage	31 Breakfast: Bowl Of Cereal apples with peanut butter	Notes:		

More Calendars: [February](#), [March](#), [April](#)